



TILEHURST VILLAGE AND CHANCELLOR HOUSE SURGERY

AUTUMN NEWSLETTER 2019

Have you had your flu jab??

Additional Flu clinics are available as follows: If you are eligible, please book an appointment with a member of our reception team or you can go online to book.

Site	Date
Tilehurst Village Surgery	Wednesday 20 November 2019
	Thursday 21 November 2019
	Tuesday 26 November 2019
	Wednesday 27 November 2019
	Thursday 28 November 2019
Chancellor House Surgery	Saturday 23 November 2019
	Saturday 30 November 2019

Free flu vaccines are offered to: All eligible adults and children including Carers, Pregnant ladies, Patients on chronic disease registers such as Asthma, COPD, Diabetes, Rheumatoid Arthritis, CHD and Stroke.

Ear Syringing

It is with regret that we are no longer offering ear syringing for our patients. Places offering private ear suction locally include:

Leightons Opticians and Hearing

12-14 Queen Victoria Street, Reading RG1 1TG – 0118 590055

The ENT Consultancy at the Forbury Clinic

23 Craven Road, Reading RG1 5LE – 0118 9213166

Eyesite Opticians

142 Friar Street, Reading RG1 1EX – 0118 9509098

Car Park maintenance

Essential works will be carried out in the car park in the next few weeks. This will include the removal of the dead tree in the middle of the car park. At the front of the car park the trees will be pruned back also.

Did you know.....

Medical

Taking antibiotics when you don't need them puts you and your family at risk.

Antibiotics are needed for Serious bacterial infections including:

Sepsis : Pneumonia Urinary tract infections : Sexually transmitted infections : Meningococcal meningitis.

If you are worried, speak to a doctor who will be able to advise you on the best treatment for your symptoms.

Social

The Maples Wellbeing Centre is a Day Service for Older People

Held at Rivermead Leisure Complex, Richfield Avenue, Reading RG1 8EQ. Tel: 0118 9374525 or email themaples@reading.gov.uk – Monday to Friday 10.00 a.m to 4.30pm

The Maples offer: Activities to help keep your mind active: Arts and Crafts : Practical Skills: Physical activities. Please contact them for further information or pick up a leaflet from our waiting Room.

Veterans 'Drop in Centre' for the Berkshire area will take place on Wednesday 11 December 2019 from 10-1pm. The launch will be held at The Royal British Legion, Downing Road, Tilehurst, Reading RG31 5BB. Please contact sc.veterans@nhs.net for more information.

Patient Participation Group

Are you interested in finding out more about our practice and getting involved with the development of health services? Tilehurst Village Surgery and Chancellor House Surgery are actively seeking patients to join our PPG. We are looking for people of any gender, age or background to attend a regular meeting (quarterly) at the practice to work with the practice team to help develop and improve patient services. If you are interested in finding out more please email srcq.surgery-manager@nhs.net.

